

East Bay Chapter

Updated: 8/24/2026

Engaging with your legislators is an effective way to advocate for long-term care. Building relationships with the elected officials who represent your chapter helps raise awareness of the issues, challenges, and successes affecting the long-term care sector. This guide outlines ways to connect with legislators and strengthen your advocacy efforts.

What counties are in the East Bay Chapter?

Alameda, Contra Costa, and Solano.

What companies have facilities in the East Bay Chapter?

Aspen Skilled Healthcare Inc
Belinda Leung Inc
Buena Vista Healthcare
CAMP Inc
Chaparral Foundation
CORE Healthcare Ctrs
Crestwood Behavioral Health Inc
Elder Care Alliance
Ensign
Eskaton Properties Inc
Front Porch
Generations Healthcare
Grandcare Inc
Happy Valley ICF/DD-H Inc
HumanGood

HyCare Inc
Iconic Healthcare
Links Healthcare Group
Mariner Health Care Inc
Masonic Homes of California
NewGen Administrative Services
PacifiCare Health Management
PACS Group Inc
Paradise Valley Estates
Pitaya Healthcare LLC
ReNew Health Group
Santa Lucia II ICF DDH Inc
SerenEthos
Serenity 4 Mgmt Svcs
Shields Nursing Ctrs
Superior Healthcare Mgmt
Sycamore Healthcare Associates
Telecare Corp

What legislators represent the East Bay Chapter?

Assembly	Senate	Congress
Assemblymember Anamarie Avila Farias (Terms Out – 2036) District Cities: Antioch, Brentwood, Concord, Martinez, Pittsburg, Pleasant Hill. Assemblymember Rebecca Bauer-Kahan (Terms Out – 2030) District Cities: Danville, Dublin, Lafayette, Livermore, Pleasanton, San Ramon. Assemblymember Mia Bonta (Terms Out – 2032) District Cities: Alameda, Emeryville, Oakland. Assemblymember Alex Lee (Terms Out – 2032) District Cities: Fremont, Milpitas, Newark, San Jose. Assemblymember Liz Ortega (Terms Out – 2034) District Cities: Dublin, Fremont, Hayward, Pleasanton, San Leandro, Union City. Assemblymember Buffy Wicks (Terms Out – 2030) District Cities: Albany, Berkeley, Emeryville, Oakland, Richmond, San Pablo. Assemblymember Lori Wilson (Terms Out – 2034) District Cities: Benicia, Brentwood, Fairfield, Rio Vista, Suisun City, Vacaville, Vallejo.	Senator Jesse Arreguin (Terms Out – 2036) District Cities: Alameda, Berkeley, Emeryville, Martinez, Oakland, Richmond, San Pablo. Senator Chris Cabaldon (Terms Out – 2036) District Cities: Antioch, Brentwood, Davis, Elk Grove, Fairfield, Napa, Petaluma, Santa Rosa, Vallejo, Woodland. Senator Tim Grayson (Terms Out – 2028) District Cities: Antioch, Brentwood, Concord, Danville, Livermore, Martinez, Oakland, Pleasanton, San Ramon, Walnut Creek. Senator Jerry McNerney (Terms Out – 2036) District Cities: Dublin, Fremont, Lathrop, Livermore, Lodi, Manteca, Pleasanton, Stockton, Tracy. Senator Aisha Wahab (Terms Out – 2034) District Cities: Fremont, Hayward, Milpitas, Newark, Pleasanton, San Jose, Sunnyvale, Union City.	Representative Mike Thompson (CA – 4) District Cities: Davis, Napa, Santa Rosa, Vacaville, Woodland. Representative John Garamendi (CA – 8) District Cities: Fairfield, Richmond, Vallejo, Walnut Creek. Representative Mark DeSaulnier (CA -10) District Cities: Antioch, Brentwood, Concord, Danville, Dublin, Pleasant Hill, San Ramon, Walnut Creek. Representative Lateefah Simon (CA -12) District Cities: Camarillo, Oxnard, Simi Valley, Thousand Oaks.

Do any of these legislators hold important positions in the legislature? If so, what are those positions?

Assemblymember Avila Farias sits on the Assembly Aging and Long-Term Care Committee.

Assemblymember Bonta is the Chair of the Assembly Health Committee and is a member of the Assembly Budget Committee. Additionally, Asm. Bonta sits on the Assembly Budget Subcommittee No. 1 on Health.

Assemblymember Wicks is the Chair of the Assembly Appropriations Committee.

Senator Arreguin sits on the Senate Business, Professions, and Economic Development Committee.

Senator Cabaldon sits on the Senate Appropriations Committee and the Senate Budget and Fiscal Review Committee.

Senator Grayson sits on the Senate Appropriations Committee, the Senate Emergency Management Committee, and the Senate Business Professions, and Economic Development Committee.

Senator Wahab is the Chair of the Senate Business, Profession, and Economic Development Committee. Additionally, Senator Wahab sits on the Senate Judiciary Committee.

What interactions does CAHF have with these legislators?

As the Chair of the Assembly Health Committee, Asm. Bonta is an important legislative figure and has met with CAHF members during her tenure as Chair. Asm. Bonta has toured Bellaken Garden and Fairfield Post Acute as well as met with CAHF members during Spring Advocacy in 2024, 2025, and 2026.

Senator Grayson has toured Danville Post Acute and met with CAHF members during Spring Advocacy in 2025 and 2026. It is important to note that Sen. Grayson's District Director, Mike Sponsler, had a Mother-in-Law who passed away in a SNF.

How can the chapter get more involved with the legislators who represent the chapter?

There are many opportunities to reach out to the legislators representing your chapter. Here are a few ideas to get started:

- Follow legislators on social media
 - Know about their upcoming constituent events
 - Follow their legislation
 - Foster a relationship with your legislator online
- Invite legislators to chapter meetings
 - Connect them with providers and suppliers in their district
 - Share key legislative updates
- Host a facility tour
 - Showcase resident care and services
 - Introduce legislators to residents and staff
 - Highlight the impact of long-term care in their community
- Celebrate resident and staff milestones
 - Notify district offices about milestone birthdays and staff anniversaries
 - Invite legislators or staff to participate in recognition events

What is the best way to connect with the legislators who represent my chapter?

The best way to invite your legislator to an event would be to send an email with all of the pertinent details of your request (What is the event? When is the event? What is expected of the legislator?). If you don't have a contact for a legislative office, the best thing to do is to call the district office and ask where to send an invitation for an event in their district. However, if you would rather work with CAHF to send an invitation, let [Maddie Robbie](#), Government Affairs Specialist, know and she can help coordinate the logistics.