

Central Coast Chapter

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Engaging with your legislators is an effective way to advocate for long-term care. Building relationships with the elected officials who represent your chapter helps raise awareness of the issues, challenges, and successes affecting the long-term care sector. This guide outlines ways to connect with legislators and strengthen your advocacy efforts.

What counties are in my chapter?

San Luis Obispo county.

What companies have facilities in the Central Coast Chapter?

The following companies have facilities in the Central Coast Chapter:

Arroyo Grande Care Center	Mission View Health Center
Atascadero House	Morro Bay House
Bayside Care Center	Normal Life of California
Brighton II	OPTIONS Family of Services
Casa De Vida	Pereira House
Chuparrosa House	Pike House
Coastal LLC	San Luis Obispo House
Compass Health Inc	San Luis Post Acute Center
Magnolia	Sunset House
	Taylor
	Vineyard Hills Health Center

What legislators represent the Central Coast Chapter?

Assembly	Senate	Congress
Assemblymember Dawn Addis (Terms Out – 2034) District Cities: Aptos, Atascadero, Monterey, Paso Robles, San Luis Obispo.	Senator John Laird (Terms Out – 2028) District Cities: Capitola, Monterey, Pacific Grove, Santa Cruz, Watsonville.	Representative Jimmy Panetta (CA - 19) District Cities: Atascadero, Carmel-by-the-Sea, Monterey, Paso Robles, San Jose, Santa Cruz, Seaside. Representative Salud Carbajal (CA – 24) District Cities: Atascadero, Goleta, Lompoc, Ojai, San Luis Obispo, Santa Barbara, Santa Maria, Ventura.

Do any of these legislators hold important positions in the legislature? If so, what are those positions?

Senator Laird serves as the Chair of the Senate Budget & Fiscal Review Committee. As the chair of the Senate Budget & Fiscal Review Committee, Senator Laird serves as the lead senator tasked with reviewing the Governor's proposed budget as well as any other legislation impacting the budget proposal. In addition to his role as Chair, Senator Laird also sits on the Senate Human Services Committee and the Senate Judiciary Committee.

Assemblymember Dawn Addis serves as the Chair of the Assembly Budget Subcommittee No. 1 on Health. The Subcommittee on Health is tasked with reviewing budget and fiscal policies impacting Medi-Cal, the Department of Health Care Access and Information, the Department of Managed Care, the Department of Public Health, and more. In addition to serving as Chair of the Budget Subcommittee No. 1, Assemblymember Addis sits on the Assembly Budget Committee, and the Assembly Health Committee.

What interactions has CAHF had with Senator Laird and Assemblymember Addis?

As both legislators hold key positions in the legislature, CAHF has worked to build a strong relationship with each of them and their staff. Although Senator Laird is less familiar with the sector, he is open to dialogue and even met with CAHF members during a district meeting and CAHF PAC event. Assemblymember Addis is much more familiar with the sector and has built a relationship with many CAHF members.

Senator Laird has toured Carmel Hills Post Acute and met with CAHF members during Spring Advocacy in 2024, 2025, and 2026. In fact, during the Support Skilled Nursing Patients campaign, Senator Laird's partner received a call to action urging him to reach out to Senator Laird in regards to WQIP funding.

Assemblymember Addis is very familiar with CAHF and SNF care. She has toured two facilities – San Luis Post Acute and Carmel Hills Post Acute – and met with CAHF members during Spring Advocacy in 2024 and 2025. Not only is Asm. Addis familiar with skilled nursing, she has built a friendship and relationship with many of our members.

How can the chapter get more involved with the legislators who represent the chapter?

There are many opportunities to reach out to the legislators representing your chapter. Here are a few ideas to get started:

- Follow legislators on social media
 - Know about their upcoming constituent events
 - Follow their legislation
 - Foster a relationship with your legislator online
- Invite legislators to chapter meetings
 - Connect them with providers and suppliers in their district
 - Share key legislative updates
- Host a facility tour
 - Showcase resident care and services
 - Introduce legislators to residents and staff
 - Highlight the impact of long-term care in their community
- Celebrate resident and staff milestones
 - Notify district offices about milestone birthdays and staff anniversaries
 - Invite legislators or staff to participate in recognition events

What is the best way to connect with the legislators who represent my chapter?

If you haven't already, get to know the legislators who represent your chapter (see list above). Visit their websites and social media channels to learn about their district priorities, legislative work, professional background, and

public service experience. Understanding their interests and priorities can help you build stronger relationships and more effective advocacy efforts.

The best way to invite your legislator to an event would be to send an email with all of the pertinent details of your request (What is the event? When is the event? What is expected of the legislator?). If you don't have a contact for a legislative office, the best thing to do is to call the district office and ask where to send an invitation for an event in their district. However, if you would rather work with CAHF to send an invitation, let [Maddie Robbie](#), Government Affairs Specialist, know and she can help coordinate the logistics.