

Personality Test

Taken from Florence Littauer's Personality Plus: How to Understand Others by Understanding Yourself

Directions: In each of the following rows of four words across, choose the one word that most often applies to you. Continue through all forty lines; be sure each number is marked. If you are not sure which word "most applies," ask a spouse or a friend, and think of what your answer would have been when you were a child.

Strengths

- | | | | |
|-----------------------|----------------------|------------------|-------------------|
| 1. ___ Adventurous | ___ Adaptable | ___ Animated | ___ Analytical |
| 2. ___ Persistent | ___ Playful | ___ Persuasive | ___ Peaceful |
| 3. ___ Submissive | ___ Self sacrificing | ___ Sociable | ___ Strong willed |
| 4. ___ Considerate | ___ Controlled | ___ Competitive | ___ Convincing |
| 5. ___ Refreshing | ___ Respectful | ___ Reserved | ___ Resourceful |
| 6. ___ Satisfied | ___ Sensitive | ___ Self reliant | ___ Spirited |
| 7. ___ Planner | ___ Patient | ___ Positive | ___ Promoter |
| 8. ___ Sure | ___ Spontaneous | ___ Scheduled | ___ Shy |
| 9. ___ Orderly | ___ Obliging | ___ Outspoken | ___ Optimistic |
| 10. ___ Friendly | ___ Faithful | ___ Funny | ___ Forceful |
| 11. ___ Daring | ___ Delightful | ___ Diplomatic | ___ Detailed |
| 12. ___ Cheerful | ___ Consistent | ___ Cultured | ___ Confident |
| 13. ___ Idealistic | ___ Independent | ___ Inoffensive | ___ Inspiring |
| 14. ___ Demonstrative | ___ Decisive | ___ Dry Humor | ___ Deep |
| 15. ___ Mediator | ___ Musical | ___ Mover | ___ Mixes easily |
| 16. ___ Thoughtful | ___ Tenacious | ___ Talker | ___ Tolerant |
| 17. ___ Listener | ___ Loyal | ___ Leader | ___ Lively |
| 18. ___ Contented | ___ Chief | ___ Chart maker | ___ Cute |
| 19. ___ Perfectionist | ___ Pleasant | ___ Productive | ___ Popular |
| 20. ___ Bouncy | ___ Bold | ___ Behaved | ___ Balanced |

Weaknesses

- | | | | |
|------------------------|-----------------------|--------------------|--------------------|
| 21. ___ Blank | ___ Bashful | ___ Brassy | ___ Bossy |
| 22. ___ Undisciplined | ___ Unsympathetic | ___ Unenthusiastic | ___ Unforgiving |
| 23. ___ Reticent | ___ Resentful | ___ Resistant | ___ Repetitious |
| 24. ___ Fussy | ___ Fearful | ___ Forgetful | ___ Frank |
| 25. ___ Impatient | ___ Insecure | ___ Indecisive | ___ Interrupts |
| 26. ___ Unpopular | ___ Uninvolved | ___ Unpredictable | ___ Unaffectionate |
| 27. ___ Headstrong | ___ Haphazard | ___ Hard to please | ___ Hesitant |
| 28. ___ Plain | ___ Pessimistic | ___ Proud | ___ Permissive |
| 29. ___ Angered easily | ___ Aimless | ___ Argumentative | ___ Alienated |
| 30. ___ Naive | ___ Negative attitude | ___ Nervy | ___ Nonchalant |
| 31. ___ Worrier | ___ Withdrawn | ___ Workaholic | ___ Wants credit |
| 32. ___ Too sensitive | ___ Tactless | ___ Timid | ___ Talkative |
| 33. ___ Doubtful | ___ Disorganized | ___ Domineering | ___ Depressed |
| 34. ___ Inconsistent | ___ Introvert | ___ Intolerant | ___ Indifferent |
| 35. ___ Messy | ___ Moody | ___ Mumbles | ___ Manipulative |
| 36. ___ Slow | ___ Stubborn | ___ Show-off | ___ Skeptical |
| 37. ___ Loner | ___ Lord over others | ___ Lazy | ___ Loud |
| 38. ___ Sluggish | ___ Suspicious | ___ Short tempered | ___ Scatterbrained |
| 39. ___ Revengeful | ___ Restless | ___ Reluctant | ___ Rash |
| 40. ___ Compromising | ___ Critical | ___ Crafty | ___ Changeable |

Personality Scoring Sheet

Transfer all your marks from the first sheet to this sheet and add up your totals.

The words are in a different order on the profile and scoring sheets

Strengths

	Popular Sanguine	Powerful Choleric	Perfect Melancholy	Peaceful Phlegmatic
1.	___ Animated	___ Adventurous	___ Analytical	___ Adaptable
2.	___ Playful	___ Persuasive	___ Persistent	___ Peaceful
3.	___ Sociable	___ Strong Willed	___ Self sacrificing	___ Submissive
4.	___ Convincing	___ Competitive	___ Considerate	___ Controlled
5.	___ Refreshing	___ Resourceful	___ Respectful	___ Reserved
6.	___ Spirited	___ Self reliant	___ Sensitive	___ Satisfied
7.	___ Promoter	___ Positive	___ Planner	___ Patient
8.	___ Spontaneous	___ Sure	___ Scheduled	___ Shy
9.	___ Optimistic	___ Outspoken	___ Orderly	___ Obliging
10.	___ Funny	___ Forceful	___ Faithful	___ Friendly
11.	___ Delightful	___ Daring	___ Detailed	___ Diplomatic
12.	___ Cheerful	___ Confident	___ Cultured	___ Consistent
13.	___ Inspiring	___ Independent	___ Idealistic	___ Inoffensive
14.	___ Demonstrative	___ Decisive	___ Deep	___ Dry humor
15.	___ Mixes easily	___ Mover	___ Musical	___ Mediator
16.	___ Talker	___ Tenacious	___ Thoughtful	___ Tolerant
17.	___ Lively	___ Leader	___ Loyal	___ Listener
18.	___ Cute	___ Chief	___ Chart maker	___ Contented
19.	___ Popular	___ Productive	___ Perfectionist	___ Pleasant
20.	___ Bouncy	___ Bold	___ Behaved	___ Balanced

Weaknesses

21.	___ Brassy	___ Bossy	___ Bashful	___ Blank
22.	___ Undisciplined	___ Unsympathetic	___ Unforgiving	___ Unenthusiastic
23.	___ Repetitious	___ Resistant	___ Resentful	___ Reticent
24.	___ Forgetful	___ Frank	___ Fussy	___ Fearful
25.	___ Interrupts	___ Impatient	___ Insecure	___ Indecisive
26.	___ Unpredictable	___ Unaffectionate	___ Unpopular	___ Uninvolved
27.	___ Haphazard	___ Headstrong	___ Hard to please	___ Hesitant
28.	___ Permissive	___ Proud	___ Pessimistic	___ Plain
29.	___ Angered easily	___ Argumentative	___ Alienated	___ Aimless
30.	___ Naive	___ Nervy	___ Negative attitude	___ Nonchalant
31.	___ Wants credit	___ Workaholic	___ Withdrawn	___ Worrier
32.	___ Talkative	___ Tactless	___ Too sensitive	___ Timid
33.	___ Disorganized	___ Domineering	___ Depressed	___ Doubtful
34.	___ Inconsistent	___ Intolerant	___ Introvert	___ Indifferent
35.	___ Messy	___ Manipulative	___ Moody	___ Mumbles
36.	___ Show-off	___ Stubborn	___ Skeptical	___ Slow
37.	___ Loud	___ Lord over others	___ Loner	___ Lazy
38.	___ Scatterbrained	___ Short tempered	___ Suspicious	___ Sluggish
39.	___ Restless	___ Rash	___ Revengeful	___ Reluctant
40.	___ Changeable	___ Crafty	___ Critical	___ Compromising

Totals:

This test is very easy to interpret. Once you've transferred your answers to the scoring sheet, added your totals in each of the four columns, you'll know your dominant personality type (and least dominant type). You'll also know what combination you are.