



California Association  
of Health Facilities

# MONTHLY MELODY

*"Music is probably the only real magic I have encountered in my life. There's not some trick involved with it. It's pure and it's real. It moves, it heals, it communicates and does all these incredible things."*

- Tom Petty

## Welcome

Welcome to the October 2017 issue of the Monthly Melody! You are receiving this newsletter because you are either enrolled in CAHF's Music & Memory Project or you have expressed interest in it.

Every month, we share ideas from the field, the latest news on the project and examples of how Music & Memory is changing lives.

## All Smiles

This happy face comes to us from **Lone Tree Convalescent Hospital** in Antioch.

Clarence was one of the winners of the Staying Connected: Laptop Giveaway contest and will use his laptop to connect with family and friends and play games and crossword puzzles.

Congratulations, Clarence!



## Free San Jose Screening of 'Alive Inside'

You are cordially invited to a free screening of *Alive Inside*, an award-winning documentary that explores the power of personalized music for people suffering from dementia and other cognitive disorders.

The documentary highlights the journey of social worker Dan Cohen, the creator of the national [Music & Memory](#) program.

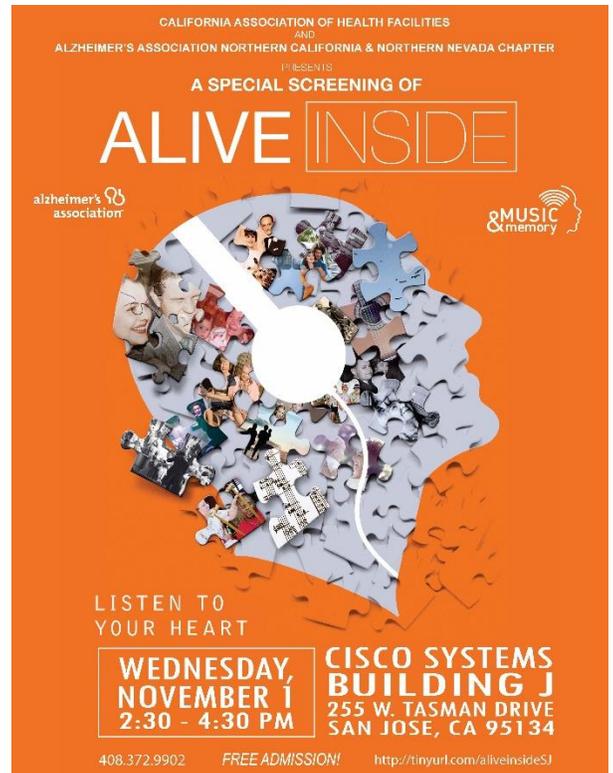
**WHEN:** Wednesday, November 1, 2017

**WHERE:** Cisco Systems, Building J, 255 W. Tasman Drive, San Jose, CA 95134

**TIME:** 2:30 - 4:30 PM

RSVP [online](#) or by phone at **408-372-9902**.

The screening is sponsored by [CAHF](#) and the [Alzheimer's Association Northern California and Northern Nevada](#), with support from [Music & Memory](#).



**Not in the San Jose area? No problem. The CAHF Music & Memory project will be hosting four additional screenings of *Alive Inside* throughout the state. Stay tuned for additional information on these upcoming screenings.**

Please direct any questions about this screening or upcoming screenings to [Amanda Davidson](#), **916-432-5209**.

## Help Is Here!

Did you know that UC Davis offers webinars to support your use of the **UC Davis QAPI tool** and submitting quarterly surveys?

The next QAPI webinar will be **November 6 from 1:00 - 2:00 pm** for all facilities in the Intervention group. Invitations will be sent to participating facilities by October 30.

To access past Technical Assistance and QAPI webinars at any time, go to the [CAHF Music & Memory project website](#).

## Is Your Music & Memory Certification Current?

Through your participation in the CAHF Music & Memory project, you can certify as many staff members, family members, volunteers, or residents as you would like for free for up to one year!

At the end of your free year of certification, you can pay a renewal fee to Music & Memory which will guarantee your access to the online Care Community and future certification webinars.

Go to [Music & Memory's website](#) to learn more about renewal fees.

If you are part of the CAHF project and would like to be registered for upcoming certification webinars, please email [Amanda Davidson](#).

Upcoming dates:

- November 14 and 15: 10:00 - 11:30 am
- December 12 and 13: 10:00 - 11:30 am

## Free Music for Residents!

Downloading music on iTunes can get expensive.

That is why the CAHF Music & Memory project is so grateful to members of the [Sacramento Renaissance Society](#) for donating and cataloging more than 1,600 CDs.

Check out the [list of CDs](#), cataloged into fifteen different genres (see tabs on bottom of spreadsheet).

CDs highlighted in red are no longer available.

If there are CDs on the list that you would like mailed to your center, please email [Amanda Davidson](#) with the artist and album name.



We will ship them directly to you so that your residents can benefit from the **free music**.

**REMEMBER!** To avoid copyright issues, nursing homes must keep the CD after burning the music onto a computer or laptop.

## Facebook

The CAHF Music & Memory Project has a Facebook page! Check it out [here](#) and be sure to “Like” the page while you are there!

Remember, this is your page too. Feel free to share success stories, photos, and tips.

We’d love to see your Music & Memory program in action! (Please remember to get prior authorization before posting photos of residents).



Click [here](#) to unsubscribe

2201 K Street, Sacramento, CA 95816