



California Association
of Health Facilities

MONTHLY MELODY

"No two people on earth are alike, and it's got to be that way in music or it isn't music"
- Billie Holiday

Welcome

Welcome to the November 2017 issue of the Monthly Melody! You are receiving this newsletter because you are either enrolled in CAHF's Music & Memory Project or you have expressed interest in it.

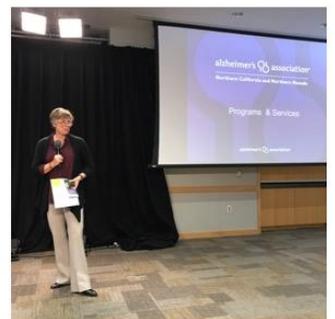
Every month, we share ideas from the field, the latest news on the project and examples of how Music & Memory is changing lives.

Now Showing: Alive Inside!

In its final year, the CAHF project will spread the word about Music & Memory by hosting six screenings of the documentary film, *Alive Inside* throughout the state.

In October and November, CAHF hosted two screenings, one in Sacramento and one in San Jose. Both were a success and would not have been possible without the generous support of the [Alzheimer's Association Northern California & Northern Nevada Chapter](#), [Cisco Systems](#), [Music & Memory](#), the [LEAD students at Rosemont High School](#), [Sunrise Senior Living](#), and [TunesWork](#).

Upcoming screenings are planned for Orange County, Fresno, Grass Valley, and Stockton, so stay tuned!



Introducing the SanDisk® Clip Jam MP3 Player

In late July, Apple announced plans to discontinue the iPod shuffle. As an alternative to Apple products, Music & Memory now recommends the SanDisk® Clip Jam MP3 Player (Item #SDMX26-008G).

Comparable in price and functionality to the iPod Shuffle, this multi-platform device stores eight gigabytes of music and allows for transfer of music with iTunes.

Videos introducing use of the SanDisk® Clip Jam MP3 Player with iTunes are available on the Videos page of the [Care Community](#). Topics include device operation instructions and how to transfer playlists and music from iTunes.

Below are links to the videos in YouTube if you wish to share:

[Unpacking the SanDisk® Clip Jam MP3 Player](#)

[Transferring from iTunes to the SanDisk® Clip Jam MP3 Player](#)

You can purchase the SanDisk® Clip Jam MP3 Players (Item #SDMX26-008G) [online](#). Discounts for currently certified Music & Memory facilities can be accessed on Resource page of the [Care Community](#).

Is Your Music & Memory Certification Current?

Through your participation in the CAHF Music & Memory project, you can certify as many staff members, family members, volunteers, or residents as you would like for free for up to one year!

At the end of your free year of certification, you can pay a renewal fee to Music & Memory which will guarantee your access to the online Care Community and future certification webinars.

Go to [Music & Memory's website](#) to learn more about renewal fees.

If you are part of the CAHF project and would like to be registered for upcoming certification webinars, please email [Amanda Davidson](#).

Upcoming dates:



- December 12 and 13: 10:00 - 11:30 am
- January 16 and 17: 10:00 - 11:30 am
- February 13 and 14: 10:00 - 11:30 am
- March 13 and 14: 10:00 - 11:30 am

Free Music for Residents!

Downloading music on iTunes can get expensive.

That is why the CAHF Music & Memory project is so grateful to members of the [Sacramento Renaissance Society](#) for donating and cataloging more than 1,700 CDs.

Check out the [list of CDs](#), cataloged into 15 different genres (see tabs on bottom of spreadsheet).

CDs highlighted in red are no longer available.

If there are CDs on the list that you would like mailed to your center, please email [Amanda Davidson](#) with the artist and album name.

We will ship them directly to you so that your residents can benefit from the **free music**.

REMEMBER! To avoid copyright issues, nursing homes must keep the CD after burning the music onto a computer or laptop.

Facebook

The CAHF Music & Memory Project has a Facebook page! Check it out [here](#) and be sure to “Like” the page while you are there!

Remember, this is your page too. Feel free to share success stories, photos, and tips.

We’d love to see your Music & Memory program in action! (Please remember to get prior authorization before posting photos of residents).





Click [here](#) to unsubscribe

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