



**California Association
of Health Facilities**

Music & Memory: More Than Just an Activity

Administrator/DON

MUSIC & MEMORY CAN MAKE YOUR LIFE EASIER!

- **Help reduce antipsychotic, antianxiety, and antidepressant usage**
<https://news.brown.edu/articles/2017/05/music> ***** \$\$\$\$\$
- **Help decrease falls** <http://www.nychealthandhospitals.org/pressrelease/music-and-memory-program-at-nyc-health-hospitals-skilled-nursing-facility-improves-quality-outcomes-for-residents-with-dementia/> *****

***** Effects Five Star Rating

\$\$\$\$\$ Effects QASP

Administrator/DON (cont.)

MUSIC & MEMORY CAN MAKE YOUR LIFE EASIER!

- **Help increase staff morale and satisfaction** <https://vimeo.com/205229935>
- **Help enhance your ability to be a provider of choice and a leader of innovative care**
- **Help create a calm environment within your facility**

Nursing Department

MUSIC & MEMORY CAN MAKE YOUR LIFE EASIER!

- Help reduce time needed for care
- Help reduce resistance to care *****
- Help reduce time needed for medication pass
- Help improve ADL skills *****
- Help reduce agitation *****

<http://www.cahf.org/Portals/29/MusicandMemory/Nurse%20Story%20MM%20FINAL.pdf?ver=2018-01-12-113340-960>

***** Effects Five Star Rating

\$\$\$\$\$ Effects QASP

Admissions/Medical Records/Business Office

MUSIC & MEMORY CAN MAKE YOUR LIFE EASIER!

- Help keep families happy. Happier families = prompter payment
- Help obtain better admissions
- Help reduce time spent on audits of antipsychotic documents ***** \$\$\$\$\$
- Help improve facility's reputation

***** Effects Five Star Rating

\$\$\$\$\$ Effects QASP

Social Services

MUSIC & MEMORY CAN MAKE YOUR LIFE EASIER!

- Help reduce unhappy family's complaints
- Help develop patient-centered care plans
- Help reduce time monitoring antipsychotic rates ***** \$\$\$\$\$
- Help engage family members with care plans and goals

***** Effects Five Star Rating

\$\$\$\$\$ Effects QASP

Nutrition/Dietary

MUSIC & MEMORY CAN MAKE YOUR LIFE EASIER!

- Help independent residents to eat more ***** (weight loss)
- Help increase intake when staff help feed residents ***** (weight loss)
- Help reduce behaviors during mealtimes *****

***** Effects Five Star Rating

\$\$\$\$\$ Effects QASP

Housekeeping/Maintenance/ Laundry

MUSIC & MEMORY CAN MAKE YOUR LIFE EASIER!

- **Help reduce agitation and sundowning so housekeeping can be completed on time**
- **Help reduce infection control concerns**
- **Help reduce repairs by decreasing resident agitation and behaviors**

**Thank You for Giving Music
to Your Residents!**

Keep Up the Amazing Work!