

Name: \_\_\_\_\_

Date: \_\_\_\_\_

## Video 6 - Person-Centered Care

Quiz questions:

1. Why is it important to find out a resident's food preferences? (Circle all that apply)
  - a. It's not that important; all residents will receive just what is on that day's menu
  - b. To show respect for the resident and honor their right to choose
  - c. To support a resident's independence
  - d. To improve the resident's enjoyment of meals
  - e. All of the above
  
2. What are things to look for when checking a resident's tray? (Circle all that apply)
  - a. Are there any missing items?
  - b. Are the portion sizes correct?
  - c. Does each item match the person's diet order?
  - d. Is the meal attractive, with a clean, dry tray and utensils?
  
3. Why is the timing of the delivery of meals important?
  - a. We all want to get out of work on time
  - b. Residents expect meals to be served at certain times and medication schedules may depend on meal times
  - c. The cook needs to take a break right after the meal is served
  - d. Supervisors love clocks and timing everything we do
  
4. What are some ways to ensure that food is hot when it reaches the resident? (Circle all that apply)
  - a. Serve residents who have commented before on food temperatures first
  - b. Make sure all food service equipment is working properly
  - c. Take temperatures before the start of meal service
  - d. Do test trays on a regular basis; take corrective actions as necessary
  
5. Why is it important to follow the menu, and to follow recipes? (Circle all that apply)
  - a. Residents expect to receive the items on the posted menu
  - b. Following a recipe makes sure we know the ingredients in an item so we can help identify those items a resident may be allergic to
  - c. Recipes also help the dietitian to calculate calories and nutrients in an item
  - d. So the physician knows that the food the resident is eating is meeting their individual nutritional needs

Answer key:

1. b, c, d
2. a,b,c,d
3. b
4. a,b,c,d
5. a,b,c,d