

2018 Excellence in Programming

Mari-Go-Round

Stonebrook Healthcare Center,
Concord



The Gardening Club consists of long-stay residents who meet every other week to create potted plants. During that time, club members work with local school students who visit the facility and add decorations to the ceramic pots. In an effort to create relationships with short-stay, rehab residents, garden club members created the Mari-Go-Round Program. Upon discharge, rehab residents are presented with a potted marigold plant by members of the club along with wishes for a quick recovery. The program helps establish relationships across generations, improves ADL function and gives participants a sense of accomplishment.

Dining Enhancement

Danish Care Center,
Atascadero



The dining room was remodeled, but complaints about meal presentation, temperature, and lack of servers continued. Undesirable weight loss was noted. An action plan was developed to include meal managers who identified concerns and collected data. CNA staff were assigned as Dining Monitors. Complaints about food quality dropped from seven per week to one. There were no more complaints about lack of staff. Eight percent of residents who had undesirable weight loss regained all their weight back, and six residents actually gained weight. Dining is discussed daily at our stand up meeting and is part of our QAPI program. Recognizing the success of the program, the parent company has instituted it in all of its facilities.

Block Party

Crystal Ridge Care Center,
Grass Valley



Twice each month a resident is chosen to "host" a party, which can range from a luncheon to poker night to a dessert extravaganza. The host works with the activities department to choose the menu and decorations and create party invitations. These hour-long special events have attracted the most secluded residents with the promise of special food and treats. Others who have not been able to host their own party in recent years look forward to the preparation and socialization. The Block Party generates buzz before and after the event and photos are posted on the bulletin board for everyone to enjoy.