Sharon Aleo

Director of Nursing | 29 years Windsor Post-Acute Center of Arvin, Bakersfield



Sharon climbed the career ladder in the long term care profession. She started out as a dietary

manager, then shifted her focus to work as a CNA, LVN, and RN. Now as Director of Nursing, she is a compassionate leader who takes ownership of her work and excels in everything she does. Respected by her co-workers, Sharon is an innovator with excellent leadership skills that have helped her advance her career within Windsor.

Juana Castaneda

Payroll Clerk | 32 years Grant Cuesta Sub-Acute & Rehabilitation, Mountain View



Juana began her journey in healthcare as a teenager in 1986 working at a skilled nursing facility as a

housekeeper, laundry aide and dietary aide. She then moved into administrative services and joined Grant Cuesta in 1998. Juana interacts with every staff member, helping with schedules, vacation requests, benefit packages and more. She makes time to meet the needs of the caregivers and truly personifies the mission statement of Covenant Care, "We are family serving families."

Eufemia Bone

Certified Nursing Assistant | 29 years Del Rio Gardens Center, Bell Gardens



Originally from Ecuador, Eufemia began working at Del Rio Gardens Center in 1989. With help from

the facility, she was able to attend school to become a CNA. Although there have been many changes at the facility over the past three decades, the love she has for her work and patients remains unchanged. A friendly and compassionate employee, Eufemia enjoys coming to work. Her skills have made her an excellent candidate to help with the orientation of new CNAs.

Arcelia Castillo

Certified Nursing Assistant | 30 years Dycora Manchester, Manchester



After working for Dycora Manchester for 30 years, Arcelia retired, but then decided to return. She is

dedicated, loyal and her love for her residents is apparent every day. Arcelia was the primary caregiver for her husband before he passed away; continuing to work during a difficult time. She never complains, seldom turns down an offer to cover an extra shift and often works circles around her younger co-workers.

Peggy Cantrell

Director of Social Services | 29 years Dycora Community Care, Fresno



Peggy started her career nearly 29 years ago and has remained with the same company

during three different acquisitions. A woman of many skills, Peggy has worked in the billing department and has been a rehabilitation assistant, social services assistant and now serves as an outstanding Social Services Director. Her co-workers describe Peggy as caring, responsive, loyal and passionate about her work.

Francisca Cedano

Director of Social Services | 39 years Del Rio Convalescent Center, Bell Gardens



At the young age of 24, Francisca Cedano emigrated from Mexico seeking the "American

Dream." She was hired in 1979 at Del Rio Convalescent Center as a CNA along with her sister. She says she stayed at the facility for almost 40 years because of the residents. Francisca says she works hard to make residents comfortable and happy as if they were in their own home. Her compassion and love for her work makes her a remarkable team player and a nurturing mentor for new CNAs.

Elizabeth Dardon

Clinical Resource | 35 years Ensign Services, Mission Viejo



Elizabeth started as a CNA, became an LVN and then an RN. After serving as a successful DON,

she was asked to expand her role to create system-wide improvements. She acts as a catalyst to analyze, evaluate and implement programs while empowering staff. She consistently promotes higher standards while leading with kindness, patience and humility. Her retirement plan includes opening a non-profit fashion boutique for indigenous girls and women in Guatemala.

Rosa Guanizo

Certified Nursing Assistant | 28 years Glendora Grand, Glendora



At 76 years young, Rosa has been a dedicated CNA for over 28 years at Glendora Grand. Before

arriving in the U.S. in 1989, Rosa successfully sold eyeglasses in the Philippines. Although quiet in demeanor, Rosa cares for her residents with compassion, dignity, respect and teamwork. She loves her residents and co-workers as her own family, which has motivated her to stay committed year after year.

Rosalind Hearne

Business Office Manager | 37 years Long Beach Care Center, Long Beach



From her first day as a nurse assistant to today as Business Office Manager, Rosalind has

relentlessly advocated for every single individual she has encountered. She instills hope in residents who are new to long term care, those who have no family or friends and those that are in a vulnerable time in their lives. Rosalind has not missed a single day of work in almost four decades. She can always be relied upon to give advice, encouragement and support to the residents and staff.

Pluma Hobbs

Health Information Manager | 29 years Oroville Hospital Post Acute Center, Oroville



Pluma started her career in long term care in 1990 as a CNA. An opportunity in 2001 presented itself to advance

her career pursuing an Activity Director certification. Later, Pluma obtained her certification in social services and eventually became the medical records director at Country Crest, working for past CAHF Chairman Larry Bradley. It wasn't until 2014 that Pluma joined the Oroville Hospital Post Acute Center as its Health Information Manager. She is an integral member that helped the center go from paper to electronic charting.

Evelia Meza

Certified Nursing Assistant | 28 years Torrance Care Center West, Torrance



Evelia began working at Torrance Care Center in 1990 and within three years moved to the secure unit

where she remains a passionate caregiver for the residents. She successfully raised four children while working multiple jobs and seldom calls in sick. Evelia likes helping others and thinks of the staff and residents as her other family. She has been honored as Employee of the Month for her positive attitude and good work ethic.

Dianne Rice

Dir. of Business Development | **31 years** Windsor Palms Care Center of Artesia



Dianne has been in long term care for over 30 years and has worked as a case manager, social

services director and in her current position as the Director of Business Development. She has been with Windsor Palms Care Center of Artesia since 2001. Dianne has dedicated her time and effort to working with veterans and creating a veterans wing at the facility.

Soledad Rodriguez

Certified Nursing Assistant | 38 years Santa Teresita Skilled Nursing Facility, Duarte



Soledad has shown what it truly means to bestow love and kindness onto another person without

expecting the same in return. She is always willing to help another staff member and her care and compassion towards her patients is undeniable. Soledad is always willing to stay late and lend a hand. She is a valuable mentor to new staff and students.

Cecilia Santiago

Cook | 32 years Pacific Villa, Long Beach



After arriving from the Philippines in 1986, Cecilia began working on the tray line, helping

distribute meals to residents. A few years later, she became a cook assistant and five years ago, she was promoted to the position of facility cook. During her 32 years at Pacific Villa, Cecilia has been a loyal, dependable worker. She is a team player that is a true asset to the facility and its residents.

Monica Santos

Licensed Vocational Nurse | 31 years Dycora Transitional Health and Living, Fresno



Monica started her career as a CNA in 1989 and a few years later transitioned into the role of LVN.

Throughout decades of ownership changes in the profession, she has remained at the same facility for the past 31 years. Dedicated and committed, she is involved with her residents, family members and co-workers. Monica is always available to answer questions and assist CNAs with their duties.

Tavete Sitafine

Certified Nursing Assistant | 32 years Shoreline Care Center, Oxnard



Tavete has two full-time CNA jobs and has been at Shoreline for the past 32 years. Respected by

residents, co-workers and her supervisors, she is often called on to care for the more challenging residents. She uses her charm and kind voice to help them make good choices. In 2011, Tavete was named CNA of the Year by the Channel Islands Chapter. It is a pleasure to work with Tavete and she always has a flower in her hair.

Erlinda Soto

LVN Unit Supervisor | 32 years Pacific Coast Manor, Capitola



Starting her career as a CNA and single parent, Erlinda pursued her LVN degree while raising a family.

Over the years she has held a variety of positions including LVN Charge Nurse and DSD. Erlinda often brings in baked goods and personal items to lift the spirits of her residents. Her compassion is evident in her phone calls to the facility on her days off to check on her patients. As a Unit Supervisor, she is a great mentor to other nurses and a passionate advocate for the elderly.

Patricia "Patti" Terry

Unit Assistant | 30 years Edgemoor Hospital DP/SNF, Santee



Patti started her career as a CNA and was eventually promoted to an RNA. She currently serves

as a Unit Assistant in a neighborhood with 32 residents. Patti personifies exceptional customer service and provides the highest quality care to the unit's residents, treating everyone with respect. An asset to the nursing department, Patti is part of the team that helped Edgemoor obtain a zero deficiency survey in 2016 and an AHCA Gold, Excellence in Quality Award in 2017.

Elida Velasquez

Certified Nursing Assistant | 39 years Flower Villa, Los Angeles



Residents love to see Elida who always has a smile on her face. Rarely taking a day off, she is loyal to

the residents in her care. Elida has a great ability to connect with her co-workers and is a great asset to the facility and the healthcare profession. Best of all, she does her job with dignity and compassion.

Maribel "Mary" Velazquez

Employee Services/Payroll | 28 years English Oaks - Generations Healthcare, Modesto



"Mary" as she is known to staff, has worked at English Oaks for 28 years. She has spent her skilled nursing career in Employee Services and Accounts Payable. Mary

is organized and committed to ensuring the employee programs are managed effectively. The staff appreciates her calm demeanor, clear explanations and helpful attitude. Mary received Generations' 2014 Presidential Caring for Lifetime award which is the highest form of recognition from the company.

2019 Statewide Meetings





