

Hourly Needs for the “4 Ps”

- **Position:**
 - Does the resident look comfortable?
 - Does the resident look bored, restless and/or agitated?
 - Ask the resident, “Would you like to move or be repositioned?”
 - Report to the nurse.
- **Personal (Potty) Needs:**
 - Ask the resident, “Do you need to use the bathroom or urinal?”
 - Ask if they’d like help to the toilet or commode. Report to the nurse.
- **Pain:**
 - Does the resident appear in to be uncomfortable or in pain?
 - Ask the resident, “Are you uncomfortable, ache or are in pain?”
 - Ask them what you can do to make them comfortable.
 - Report to the nurse.
- **Placement:**
 - Is the phone, call light, remote control, tissues, walker, trash can, water, urinal, all near the resident? Can they easily see them?
 - Place them all within easy reach. Are they in contrast to background?
 - Is the bed at the correct height?