

Celebrate YOUR Stars

DEC 05 11:30 AM

CAHF SUPER STAR LUNCHEON

DETAILS:

December 5, 2018

11:00 am - Registration

11:30 am - Lunch & Speaker

1:00 pm - Super Star Awards

2:00 pm - Adjourn

Spghettini

3005 Old Ranch Pkwy
Seal Beach, CA 90740

Lunch Provided

1 CEU offered for this event

*Pre-Registration with early bird pricing
through Nov. 28th

TOPICS:

HOW TO SURVIVE THE HOLIDAYS WITH YOUR WAISTLINE AND SANITY INTACT

Presented by: *Lori Eber / [Lori Eber Wellness Coaching](#)*

Lori is a Precision Nutrition Certified Professional, a Mayo Clinic Certified Wellness Coach, a Wellcoaches Credentialed Wellness Coach, a NASM Certified Personal Trainer, a Gerontologist, an Attorney, an Author, and a Keynote Speaker.

SUPER STAR AWARDS

We are accepting nominations for our Super Star Awards. Nominate your Star Employee to be considered for this award. Each nominee will receive **one free ticket** to the December 5th luncheon. The winners will be announced at the event.

\$45*

before 11/28
\$80 after 11/28

CAHF Members and Associate Members:

https://www.paypal.com/cgi-bin/webscr?cm-d=_s-xclick&hosted_button_id=HLLSBMLU2B4U6

\$75*

before 11/28
\$120 after 11/28

Non-Members:

https://www.paypal.com/cgi-bin/webscr?cm-d=_s-xclick&hosted_button_id=5ADYCMEWJB9LC

PLEASE NOTE: Payment can be made by credit card via PayPal at the links above. Checks are no longer accepted for pre-registration. No refunds for pre-pays or no-shows after November 28th. Attendees with special dietary needs, please contact Chris Jung, OCAHF Board Secretary, at ocahfboard2@gmail.com.

PRE-REGISTRATION: Email completed form to ocahfboard2@gmail.com or fax to (314) 889-8788. **Payment and registration form must be received before November 28th to qualify for pre-registration pricing** (see page 3 for details on our registration policy changes).

COMPANY NAME: _____

ATTENDEE(S): _____

ADDRESS: _____

PHONE: _____ EMAIL: _____

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CAHF SUPER STAR LUNCHEON

We are accepting nominations for our Super Star Awards. Nominate your Star Employee to be considered for this award. Each nominee will receive **one free ticket** to the December 5th luncheon. The winners will be announced at the event.

How To Nominate a Star Employee

Nominate your Star Employee by submitting the following information via email to Tiffany Karlin at tkarlin@muellerprost.com for consideration:

- Nominee Name and Title
- Organization Name
- Short Essay - In 500 words or less, tell us how your nominee demonstrates each of the three Super Star character elements listed below: leadership, betterment, and growth.



Leadership



Betterment of the Community and Culture



Growth Personal and/or Professional

Examples of a Star Employee

We are seeking nominations for our Triple Crown Award. Nominate your Star Employee! A Star Employee is someone who demonstrates leadership, betterment, and growth on a daily basis. Below are examples of the traits to look for:

- Assumes additional responsibility / roles when the department is experiencing and staffing shortage
- Works on special projects willingly and may even take on a leadership role for the project
- Furthers the mission statement of your facility
- Over performs in their daily responsibilities; goes above and beyond the call of duty
- Demonstrates desire for professional growth by attending classes, seminars, etc.

IMPORTANT PRICING CHANGES FOR LATE REGISTRATION OF CHAPTER MEETINGS

Dear Fellow Members of CAHF,

We are fortunate here in Orange County to enjoy one of the most vibrant and involved Chapters in the statewide system of 19 Chapters. This commitment to the membership of the Orange County region is a reflection of the outstanding leadership we've had over the years in our Chapter. The mission is and has always been to be responsive to the membership we serve, to provide information & education on the topics critical to operators, and to do so in a cost-effective manner.

After careful consideration and critical cost-accounting of the expenses associated with our quarterly education meetings, it has become clear that the costs associated with those attendees who did not pre-register & pre-pay prior to the pre-registration deadline, is significantly more than those who do pre-register & pre-pay. In order to continue to provide an economic value for the majority of those that pre-register & pre-pay at least a week in-advance, we are instituting a couple of changes in pricing & policy.

In addition to the pricing schedule changes you'll see on the pre-registration form, we will also require that payment is received either by PayPal or check prior to the pre-reg deadline. We have been quite lenient in the past, and this flexibility has become more of the rule than the exception, therefore we will not be able to extend the deadline going forward. If not received on time, the rate reverts to the late registration fee price.

Thank you for your understanding of these needed changes, so that we may continue to provide the greatest value for the greatest number of members in our Chapter.