

Excellence in Programming 2012

Antipsychotic Free

Culture Change Program

Brentwood Skilled Nursing, Red Bluff

55-bed SNF

Brentwood Skilled Nursing has used its interdisciplinary team to keep the facility free of the use of antipsychotic medications for the past year. On admission, the IDT does a complete assessment – gathering information from staff, family members and other health-care providers – to determine whether the resident has any behavioral symptom manifestations.

If any behavior manifestations are exhibited that affect the quality of the resident's life and need intervention, the IDT comes up with appropriate individualized intervention.

These interventions are the foundation for the plan of care and are communicated to all members of the IDT, including the responsible party and the primary physician.

The IDT works closely to add these interventions while reducing and eliminating any antipsychotic medications the resident was admitted on. The IDT meets as needed when any new or increase in a behavior manifestation is noted that interferes with the resident's quality of life and adjusts medication intervention immediately to meet the current needs of the resident.



Intravenous Therapy for LVNs

Staff development

Northern California Rehab Hospital-

Vibra Hospital of Northern California, Redding

88-bed SNF

Now in its 14th year, this four-day, 32-hour training program uses state-approved curriculum for intravenous therapy with lecture and discussion, video presentations, work-study projects, case studies, interactive hands-on skills labs and actual "live-stick performance" of intravenous-therapy skills.

A small group of RNs assists with teaching the various modules. The course has a relaxed environment, and on the last day there is an "IV Jeopardy" review of the entire program.

LVNs must complete post-licensure training to become certified in IV therapy, and few of these courses are available, so this program fills a need. As a result, residents are able to stay in their "home" to receive these high-level interventions. LVNs benefit by being able to receive quality outcome-oriented training locally. The program responds to the rising acuity of SNF residents and helps reduce transfers to acute-care hospitals. Many participants are funded through the local state-funded "Smart Program" for low-income students.



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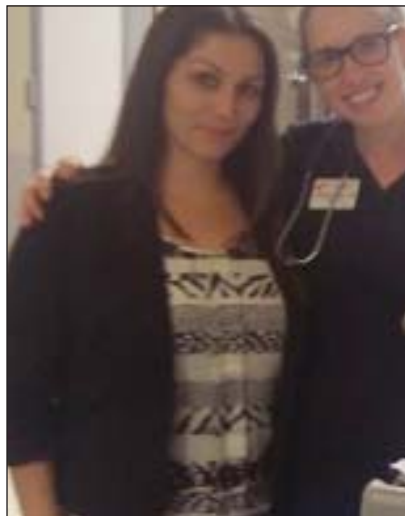
Three Rings of Excellence

Quality Assurance Program
Shea Family Care, El Cajon
Seven SNFs

Shea Family developed the Three Rings of Excellence in alignment with the American Health Care Association's goal of reducing hospital readmissions. Disease-management software is utilized bedside with all residents to proactively identify risks for readmission. Early clinical intervention is initiated with on-site physicians engaged via key partnerships with hospitals, accountable care organizations and physician groups to increase MD engagement.

Transition coaches are assigned to each resident from admission through discharge and for 32 days beyond, including home visits and supportive calls for assistance for everything from making doctor's appointments to getting groceries.

As a result of Three Rings of Excellence, hospital readmission rates have declined 20 percent in just five months, and length of stay has been reduced. It is estimated that 5,000 residents will participate in 2012. Community partners have embraced the model and are educating their teams on how to use it to improve our partnership for the benefit of patients.



Excellence in Programming 2012



End-of-Life Namaste Care Program

Activity Program

Vista Cove Care Center at San Gabriel
95-bed SNF

This program focuses on enriching the quality of life of residents with advanced dementia. It started after being introduced to the community by the author herself, Joyce Simard, who had been a guest speaker at a facility event. The selection process of the residents is based on their diagnosis, evaluations and participations in our regular daily activities.

Activities Director Jeff Reyes works with family members to explain the program and its benefits. As time went by, families reported an improvement in their one-on-one interaction with their loved one.

Namaste care takes place in a designated space that helps create a safe and comforting environment for all who enter – residents, their families and staff.

This seven-day-a-week program provides a wide range of meaningful activities that help bring pleasure to people with advanced dementia or who have other physical or mental impairments.



Jeff created a Namaste cart with materials like lavender lotion, a music box, fabrics of different kinds, grooming supplies, different types of scented candles, musical instruments and spiritual/religious and familiar poems.

Hand and foot massage, brushing or combing a person's hair with slow movements and moisturizing the ladies' faces with Pond's cold cream – a scent they may remember from their youth – are a few ways that bring pleasure when done with a loving touch.

The community is made aware of the program through networking by community liaison staff to local community organizations.

Excellence in Programming 2012

The Farm

Culture Change Program
Arroyo Grande Care Center
99-bed SNF

The Farm is a produce garden for all residents – regardless of their cognitive functioning level – to grow food in wheelchair-accessible beds. There is also a wheelchair-accessible chicken coop. The residents harvest their produce and eggs and give it away to low-income seniors. With minimal assistance from staff members, the residents handle it all – including starting and transplanting plants, watering and harvesting, turning compost bins, feeding chickens and weeding.

In addition to the bounty from the garden, The Farm provides non-traditional therapy – imagine doing therapy for, say, a broken hip or stroke that results in helping the needy. Residents regain their strength while working with occupational and physical therapists. This is not a “keep-busy” program but a real opportunity for residents to make a difference in their community. Participants have a sense of pride and purpose in their daily lives.



Excellence in Programming nominees

Circle Drumming Program

Activity

Golden LivingCenter-Hillcrest, Fresno

65-bed SNF

Coffee Clutch

Staff Development

Windsor Care Center of Cheviot Hills

99-bed SNF

'De' Hospitalization

Community Involvement, Quality Assurance

Windsor Gardens of Los Angeles

98-bed SNF

Joining the Food Revolution

Culture Change

Mission Skilled Nursing & Subacute Center, Santa Clara

131-bed SNF

Longevity Award Program

Staff Development

Windsor Care Center of Cheviot Hills

99-bed SNF

Make a Wish Foundation

Resident Appreciation

Country Villa Watsonville

87-bed SNF

Psychotropic Med Management

Culture Change

HCR ManorCare, Walnut Creek

155-bed SNF

A Purim Theatrical Production

Activity/Family Involvement/Staff Involvement

Home for Jewish Parents, Danville

180-bed SNF/RCFE

Quality Initiative 2012 Summer Olympics

Quality Assurance

Driftwood Healthcare Center, Santa Cruz

92-bed SNF

Resident Hosted Activities

Activity/Culture Change

Windsor Gardens Healthcare Center of the Valley, North Hollywood

99-bed SNF

Santa's Workshop

Activity

Windsor the Ridge Rehabilitation Center, Salinas

103-bed SNF

Summer Olympics

Activity

Vista Cove Care Center at Santa Paula

99-bed SNF

Summer Olympics at 'Home'

Activity

Los Angeles Jewish Home, Grancell Village, Reseda

107-bed SNF

Super-Sized Fun

Activity/Culture Change

Windsor Gardens Convalescent Center of San Diego

98-bed SNF

Treats for Protecting Our Streets

Activity/Community Involvement/Resident Council

Golden LivingCenter-Fresno

202-bed SNF