

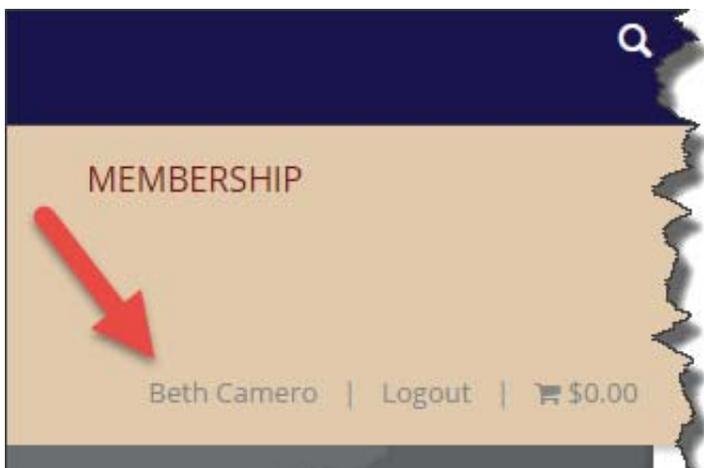
1. Go to www.cahf.org and click the Login button in the top right corner of the page.

A screenshot of the 'Account Login' form. It includes fields for 'Username' and 'Password', a 'Login' button, a 'Remember Login' checkbox, a 'Register' button, and a 'Request Temporary Password' button which is highlighted in yellow.

2. If this is your first time logging in or you have forgotten your password, click on Request Temporary Password to have a new password sent to your email address.

You must use the same email address that was used for your training or conference registration.

3. Follow the link sent to your email address to reset your password.

A screenshot of the 'Password Change Form'. It includes a note: 'Please enter the temporary password, your current username, and your new password in the form provided below. If you do not know your username you must contact our office for further assistance.' The form has four input fields: 'Temporary Password' (with the value 'e3fdd13df6a92092895d'), 'Username', 'New Password', and 'Confirm New Password'. An 'UPDATE MY PASSWORD' button is at the bottom right.

4. Once you are logged in, your name will appear where the Login button was. Click on your name to access the Member Dashboard.