



California Association
of Health Facilities

MONTHLY MELODY

"If a pill could do this, every doctor would prescribe it and every family would want it."

- Dan Cohen, Founder & Executive Director of Music & Memory

Welcome

Welcome to our sixth issue of The Monthly Melody! You are receiving this newsletter because you are either enrolled in CAHF's Music & Memory Project or you have expressed interest in it. Every month, we share ideas from the field, the latest news on the project and examples of how Music & Memory is changing lives.

Introducing Kristen!

Meet Kristen Bettega, project manager at UC Davis.

Kristen answers your emails and phone calls regarding the research component of the CAHF Music & Memory project.

When she isn't busy working on nursing home quality improvement projects, she likes to spend time with her 11 year-old daughter and crochet.

You can email [Kristen](#), or give her a call at (916) 734-7262.



UC Davis Offering "Office Hours" for CAHF Music & Memory Project

In order to answer any questions you have regarding the research component of the CAHF Music & Memory project, the UC Davis research team will host telephone "Office Hours" on **March 22, at 1:00 pm**.

Attendance on this call is not required, but may be useful in answering any questions you have regarding collecting and entering data, tracking and changing residents, use of the QAPI resources, or any other aspect of the research component.

You do not need to register or RSVP for the call. Please call 866-740-1260 and use access code 223 6336 anytime between 1:00 and 2:30 pm with your questions.

If you have any questions, don't hesitate to email the [UC Davis research team](#).

Is Your Music & Memory Certification Current?

Through your participation in the CAHF Music & Memory project, you can certify as many staff members as you would like for free for up to one year.

At the end of your free year of certification, you can pay a renewal fee to Music & Memory which will guarantee you access to the online Care Community and future certification webinars.

Go to [Music & Memory's website](#) to learn more about renewal fees.

If you are a participating center in the CAHF project and would like to be registered for upcoming certification webinars, please email [Amanda Davidson](#).

Upcoming dates:

- March 14, 15 and 16: 10:00 - 11:30 am
- April 11, 12 and 13: 10:00 - 11:30 am
- May 16, 17 and 18: 10:00 - 11:30 am
- June 13, 14 and 15: 10:00 - 11:30 am
- July 11, 12 and 13: 10:00 - 11:30 am



- August 15, 16 and 17: 10:00 - 11:30 am
- September 12, 13 and 14: 10:00 - 11:30 am
- October 17, 18 and 19: 10:00 - 11:30 am
- November 14, 15 and 16: 10:00 - 11:30 am
- December 12, 13 and 14: 10:00 - 11:30 am

Upcoming Music & Memory *Getting Started* - Post Certification Support Calls

Just completed certification training? Is your program relatively new? What steps should you take to get started?

Join Music & Memory for this informative one-hour webinar where they will provide best practices for launching your program, reveal resources and get your questions answered! Invite your whole team!

To register for this and other support and topic calls, log in anytime to the [Care Community](#).

Got Volunteers?

Doing music assessments and building a quality music library can be time consuming, especially when launching your program.

Some centers have found the help of volunteers to be invaluable in the beginning and as their Music & Memory program progresses.

The online Music & Memory Care Community is a great way to let volunteers in your area know that you are looking for help.

Simply log in to the [Care Community](#) and click on your center's profile. There you can check a box that will enable Music & Memory to refer volunteers to your center.

Your center will then appear on the interactive [Music & Memory Care Organization Map](#) as "open to volunteers."

Solved It!

Participating centers in the CAHF project will want to have careplans for their 15 residents.

Having difficulty creating Music & Memory care plans?

Take a look at these [sample care plans](#) and then tailor them to your resident's specific needs!

All Smiles

These happy faces come to us from **La Paz Geropsychiatric Center** in Paramount, CA.

Meet Kristen and Erish, two dedicated team members, seen here proudly showing off their Music & Memory cart.

Do you have photos of your residents enjoying their favorite tunes or of your awesome Music & Memory team members? We'd love to see them!

Send them to us to feature in our next newsletter.

(Please remember to get prior authorization before sending photos of residents).

Photos can be sent to [Amanda Davidson](#).



Facebook

The CAHF Music & Memory project has a Facebook page! Check it out [here](#) and be sure to “Like” the page while you are there!

Remember, this is your page too. Feel free to share success stories, photos, and tips.

We'd love to see your Music & Memory program in action! (Please remember to get prior authorization before posting photos of residents).



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