



**California Association
of Health Facilities**

The CAHF Music & Memory Project

- Personalized music is being distributed to 4,500 residents in 300 California skilled nursing homes over three years.
- Participation is free to all skilled nursing homes in California and includes training, equipment, iPods and personalized playlists to improve the lives of residents living with dementia.
- The \$1.4 million grant-funded program is being administered by the California Association of Health Facilities, the nation's largest association representing skilled nursing providers.
- Researchers from the U.C. Davis, Betty Irene Moore School of Nursing will study if personalized music can reduce the need for antipsychotic drugs and identify strategies to spread and sustain the program through local community engagement.
- The grant is funded from nursing home fines collected by the California Department of Public Health, Licensing and Certification Division and deposited in a federal Civil Monetary Penalty fund.
- The project is divided into three phases with 50 facilities in phase one, 150 in phase two and 100 facilities in phase three. The program will conclude in June, 2018.
- Personalized therapeutic music has been shown to improve behavior, reduce depressive symptoms and help some residents with dementia to re-connect with others.