



California Association
of Health Facilities

MONTHLY MELODY

"One of the male residents in our dementia unit used to sing mariachi. His family created his playlist and he will listen to this list most of his waking hours and sing to his music. It is wonderful to see him enjoy returning to that which he did in his previous years."

- Carolyn Daniels, Raintree Convalescent Hospital

Welcome

Welcome to our fourth issue of The Monthly Melody! You are receiving this newsletter because you are either enrolled in CAHF's Music & Memory Project or you have expressed interest in it. Every month, we'll be sharing ideas from the field, the latest news on the project and examples of how Music & Memory is changing lives.

TunesWork Gives Generously to CAHF Music & Memory Project

Volunteer group **TunesWork** is dedicated to raising awareness about the power of music as medicine.

Group leaders **Ann Roach** and **Mike Silcox** (pictured here with volunteer **Karla Nelson**, and CAHF staffers **Jocelyn Montgomery** and **Amanda Davidson**) presented CAHF with \$8,200 to support the [CAHF Music & Memory project](#).

The money will be used for iTunes gift cards to bring personalized music to 4,500 residents in 300 nursing homes throughout the state.



Join the Music & Memory Care Community!

The Music & Memory Care Community is a website for Music & Memory Certified Care Organizations, created to help your program succeed. Once certified, your organization will have continuous access to a wealth of Care Community's resources:

- How-to guides, marketing materials and program documentation
- Monthly calls with Music & Memory regional directors, including topic calls and a Getting Started support call to help launch your program
- Interactive discussion forums
- Best current research and personal music intervention tips from 3,000 care organizations
- Free music and 800 old-time radio shows for download

When your organization has completed the certification training, your primary contact, the person most familiar with the program's day-to-day operations, will receive an invitation to join the Care Community. Once your primary contact has joined, she or he can invite other staff to join the community.

Your primary contact can also create certificates of completion and order a free wall plaque to showcase your organization's Music & Memory certification.

Active users can login anytime to the [Care Community](#).

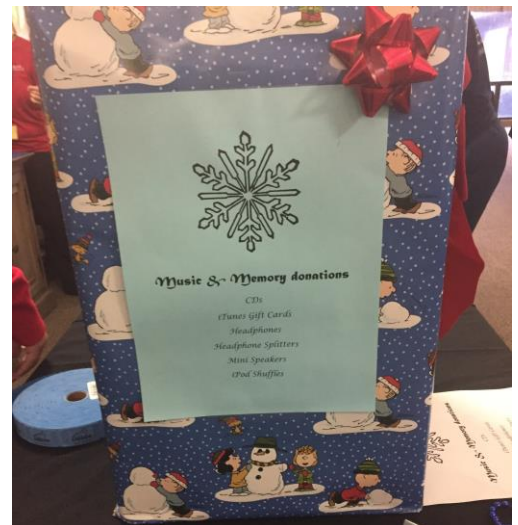
Solved It!

Eskaton Care Center Greenhaven in Sacramento sure knows how to party! With the goal of growing their Music & Memory program, staff and residents held a holiday fundraiser.

A monetary or in-kind donation (CD, iTunes card, iPod, etc.) got attendees a delicious plate of nachos and a Shirley Temple.

The party even featured a karaoke machine to sing residents' favorite songs. A good time was surely had by all.

What a great fundraising idea!



All Smiles

This happy face comes to us from **Vienna Skilled Nursing and Rehabilitation Center** in Lodi, CA.

Do you have photos of your residents enjoying their favorite tunes? We'd love to see them.

Send them to us to feature in our next newsletter.

(Please remember to get prior authorization before sending photos of residents).

Photos can be sent to [Amanda Davidson](#).



2017 Music & Memory Certification Webinars

Did you know that through the CAHF Music & Memory project participating nursing homes can put as many staff members through certification as they would like for up to one year?

It's true! If there are staff members in your nursing home who want to be involved and better understand the Music & Memory program, these webinars are a great starting point.

If you would like to be registered for upcoming certification webinars, please email [Amanda Davidson](#). Training sessions are coming up on these dates:

- January 17, 18 and 19: 10:00 - 11:30 am
- February 14, 15 and 16: 10:00 - 11:30 am
- March 14, 15 and 16: 10:00 - 11:30 am
- April 11, 12 and 13: 10:00 - 11:30 am

Facebook

The CAHF Music & Memory project has a Facebook page! Check it out [here](#) and be sure to "Like" the page while you are there!

Remember, this is your page too. Feel free to share success stories, photos, and tips.

We'd love to see your Music & Memory program in action! (Please remember to get prior authorization before posting photos of residents).



Click [here](#) to unsubscribe

2201 K Street, Sacramento, CA 95816