

California Association of Health Facilities Music & Memory Project

If you are a nursing home administrator, director of nursing or other skilled nursing leader you have an extraordinary opportunity to create positive change for your residents, families and staff with the CAHF Music & Memory (M&M) Project. Your time and commitment to this free program will have lasting benefits and rewards. Participate in this \$1.5 million state grant today!

Unlock the Joy of Remembering

COSTS



Equipment costs for first 15 residents are covered by a state grant - additional equipment is not covered.



Three 90-minute training webinars - Paid time for five employees at 4.5 hours each.



Staff time to identify and prepare individualized playlists for each resident and monitor their use of the Shuffles.



Staff time to set up, store, and maintain iPod Shuffles, laptop, and equipment.

UC DAVIS

Staff time to submit de-identified resident and center information to UC Davis.

- Baseline MDS Survey - half hour - one hour
- Quarterly survey to UCD - two to three hours
- One, one-hour phone interview



California Association
of Health Facilities

“...Music & Memory has impacted the staff as well by reducing the stress that we can experience by trying to make residents comfortable.” Edith Johnson, nurse, NYC Health + Hospitals/Coler



“The Music & Memory program is going really well – residents love it and staff are happy. We are happy to participate in the research because we want to spread the word about this program.” -- Carla Arellano, Administrator, Ontario Grove Healthcare & Wellness Center, Ontario, CA



***“Residents have taken ownership of their music. It is wonderful to see their faces come alive.”
-- Christina Cosgrove, Vermont Veterans Home, Bennington, VT***



***“...Community enthusiasm - which will, over time, set you apart from the rest of the facilities in your community resulting in your facility being the one that people want to go to.”
--Corey Wright, Administrator, Vienna Nursing and Rehabilitation Center, Lodi, CA***

BENEFITS

Free Training Webinars

Learn about getting started, creating personalized playlists and maximizing benefits for residents.
(a \$1,250 value)

Team Building

Plaques, certification, coaching support, access to the online M&M Care Community

Survey Success

Many surveyors love this person-centered, state-funded grant program.

Free Equipment

15 iPod Shuffles, headphones, chargers, one laptop computer (for M&M music library), one \$75 iTunes gift card, and more.
(a \$1,000 value)

Research Benefits

Facility pride in contributing to important University of California research to improve dementia care - and testing a quality assurance performance (QAPI) tool.

Resident & Family Satisfaction

- Improved quality of life
- Decreased anxiety and problem behaviors
- Decreased use of pain/antipsychotic medication
- Families enjoy connecting with non-responsive, hard-to-reach residents.

Instant QAPI Project

A Quality Assurance Performance Improvement guide to enhance the implementation of M&M. Involves team effort, assessment, planning, measurement and tracking.

Staff Benefits

Increased staff satisfaction and a new innovated and demonstrated effective tool.