



MONTHLY MELODY

“Music washes away from the soul the dust of everyday life.”

- Berthold Auerbach

Welcome

Welcome to our tenth issue of the Monthly Melody! You are receiving this newsletter because you are either enrolled in CAHF's Music & Memory Project or you have expressed interest in it. Every month, we share ideas from the field, the latest news on the project and examples of how Music & Memory is changing lives.

Free Music for Residents!

Downloading music on iTunes can get expensive.

That is why the CAHF Music & Memory project is so grateful to members of the [Sacramento Renaissance Society](#) for donating and cataloging more than 1,500 CDs.

Check out the [list of CDs](#), cataloged by genre.

If there are CDs on the list that you would like mailed to your center, please email [Amanda Davidson](#) with the artist and album name.



We will ship them directly to you so that your residents can benefit from the **free music**.

REMEMBER! To avoid copyright issues, nursing homes must keep the CD after burning the music onto a computer or laptop.

UC Davis Office Hours

In order to answer any questions you have regarding the research component of the CAHF Music & Memory Project, the UC Davis research team will host telephone "**office hours**" on **June 28, at 1:00 pm**.

You do not need to register or RSVP for the call.

Please call **866-740-1260** and use **access code 2236336** anytime between **1:00 and 2:00 pm** with your questions.

If you have any questions, don't hesitate to email the [UC Davis research team](#).

Is Your Music & Memory Certification Current?

Through your participation in the CAHF Music & Memory project, you can certify as many staff members as you would like for free for up to one year.

At the end of your free year of certification, you can pay a renewal fee to Music & Memory which will guarantee your access to the online Care Community and future certification webinars.

Go to [Music & Memory's website](#) to learn more about renewal fees.

If you are part of the CAHF project and would like to be registered for upcoming certification webinars, please email [Amanda Davidson](#).

Upcoming dates:

- July 11, 12 and 13: 10:00 - 11:30 am
- August 15, 16 and 17: 10:00 - 11:30 am
- September 12, 13 and 14: 10:00 - 11:30 am
- October 17, 18 and 19: 10:00 - 11:30 am
- November 14, 15 and 16: 10:00 - 11:30 am
- December 12, 13 and 14: 10:00 - 11:30 am



Upcoming Music & Memory Getting Started - *Post Certification* Support Calls

Just completed certification training? Is your program relatively new? What steps should you take to get started?

Join Music & Memory on **July 11**, or **August 8** from 9:00 - 10:00 am for an informative one-hour webinar where you will receive information about best practices for launching your program, reveal resources and get your questions answered!

Invite your whole team!

To register for this and other support and topic calls, log in anytime to the [Care Community](#).

Solved It!

When organizing and storing headphones, it may be helpful to store them alphabetically by last name.

Use a label maker to create a name label that will stick to the headphones (as seen in this photo).

This is a quick and easy way to identify which headphones belong to each resident!



Facebook

The CAHF Music & Memory Project has a Facebook page! Check it out [here](#) and be sure to “Like” the page while you are there!

Remember, this is your page too. Feel free to share success stories, photos, and tips.

We’d love to see your Music & Memory program in action! (Please remember to get prior authorization before posting photos of residents).



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