



California Association
of Health Facilities

MONTHLY MELODY

"I think music in itself is healing. It's an explosive expression of humanity. It's something we are all touched by. No matter what culture we're from, everyone loves music."

- Billy Joel

Welcome

Welcome to the December 2017 issue of the Monthly Melody! You are receiving this newsletter because you are either enrolled in CAHF's Music & Memory Project or you have expressed interest in it.

Every month, we share ideas from the field, the latest news on the project and examples of how Music & Memory is changing lives.

Now Playing: Alive Inside!

In its final year, the CAHF project is spreading the word about Music & Memory by hosting six screenings of the documentary film, *Alive Inside* throughout the state. Our third screening is next month in **Orange, CA**.

Alive Inside is a documentary film that explores the transformative impact of music on people suffering from dementia and other cognitive disorders.

The award winning documentary follows the journey of social worker Dan Cohen, the creator of the national Music & Memory program which helps non-verbal dementia patients re-ignite positive memories as they listen to familiar songs from their past.

WHEN: Friday, January 26, 2018

CAHF Alzheimer's Association CHAPMAN University UCI IRVINE
CALIFORNIA ASSOCIATION OF HEALTH FACILITIES AND CHAPMAN UNIVERSITY
PRESENTS
A SPECIAL SCREENING OF
ALIVE INSIDE

LISTEN TO
YOUR HEART

**FRIDAY,
JANUARY 26
6:30 PM**

**FOLINO THEATER
MARION KNOTT STUDIOS
CHAPMAN UNIVERSITY
283 N. CYPRESS ST.
ORANGE, CA 92866**

Permits at Marion Knott Studios Lot. Patrons may park in any permitted space in the lot. Temporary permits are required and may be purchased from the permit dispenser located in the rear parking area. Be sure to place the permit face up on your dashboard. \$3.00.

WHERE: Folino Theater, Marion Knott Studios – Chapman University, 283 N. Cypress St., Orange, CA 92866

TIME: Event begins at 6:30. Panel discussion to follow immediately after film. Participants include Ron Jordan, Dean of the School of Pharmacy; Dr. Joshua Grill, PhD, Co-Director UCI Mind; and representatives from local Music & Memory programs.

The screening is sponsored by the [California Association of Health Facilities](#) (CAHF) with support from [Alzheimer's Orange County](#), [Music & Memory](#), [Rockport Healthcare Services](#), [UCI MIND: Institute for Memory Impairments and Neurological Disorders](#), and [Chapman University's School of Pharmacy](#) and [Dodge College of Film and Media Arts](#).

The screening is **free and open to the public**.

Additional screenings are planned for **February 22 in Fresno** and **March 18 in Grass Valley**, so stay tuned!

For information about this or upcoming screenings, please email [Amanda Davidson](#).

Girl Scouts Support Music & Memory Program at Creekview Health Center

Creekview Health Center in Pleasanton had a wonderful visit from local Girl Scout troops 31413, 30304, 33277, 31379, and 31103.

The troops set up stations throughout the building that all had something to do with music: chair Zumba, drum making, and painting to music.

The day culminated with a special talent show for the residents.

The CAHF Music & Memory project was thrilled to award the Girl Scout troops with a certificate recognizing their contribution to the center's Music & Memory program.



Is Your Music & Memory Certification Current?

Through your participation in the CAHF Music & Memory project, you can certify as many staff members, family members, volunteers, or residents as you would like for free for up to one year!

At the end of your free year of certification, you can pay a renewal fee to Music & Memory which will guarantee your access to the online Care Community and future certification webinars.

Go to [Music & Memory's website](#) to learn more about renewal fees.

If you are part of the CAHF project and would like to be registered for upcoming certification webinars, please email [Amanda Davidson](#).

Upcoming dates:

- January 16 and 17: 10:00 - 11:30 am
- February 13 and 14: 10:00 - 11:30 am
- March 13 and 14: 10:00 - 11:30 am



Free Music for Residents!

Downloading music on iTunes can get expensive.

That is why the CAHF Music & Memory project is so grateful to members of the [Sacramento Renaissance Society](#) for donating and cataloging more than 1,700 CDs.

Check out the [list of CDs](#), cataloged into 15 different genres (see tabs on bottom of spreadsheet).

CDs highlighted in red are no longer available.

If there are CDs on the list that you would like mailed to your center, please email [Amanda Davidson](#) with the artist and album name.

We will ship them directly to you so that your residents can benefit from the **free music**.

REMEMBER! To avoid copyright issues, nursing homes must keep the CD after burning the music onto a computer or laptop to then be transferred onto the iPod or SanDisk.



Facebook

The CAHF Music & Memory Project has a Facebook page! Check it out [here](#) and be sure to "Like" the page while you are there!

Remember, this is your page too. Feel free to share success stories, photos, and tips.

We'd love to see your Music & Memory program in action! (Please remember to get prior authorization before posting photos of residents).



Click [here](#) to unsubscribe

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