



**2017**

**ACTIVITIES  
CALENDAR**

Sponsored By:



WINDSOR

THE RIGHT CHOICE



Regular pet visits bring comfort and happiness to people in rehabilitation and skilled nursing centers.



# PET DAYS OF WINTER

CALIFORNIA ASSOCIATION

**CAHF**

OF HEALTH FACILITIES



**SUNDAY**

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

**SATURDAY**

**1**

New Year's Day

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Martin Luther King Jr. Day

**22**

**23**

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**28**

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**30**

**31**



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# JANUARY

To love and be loved is the best  
medicine at any age.



# VALENTINES DAY

CALIFORNIA ASSOCIATION

**CAHF**

OF HEALTH FACILITIES



SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

			1	2	3	4
5	6	7	8	9	10	11
12	13	14 Valentine's Day	15	16	17	18
19	20 Presidents' Day	21	22	23	24	25
26	27	28				



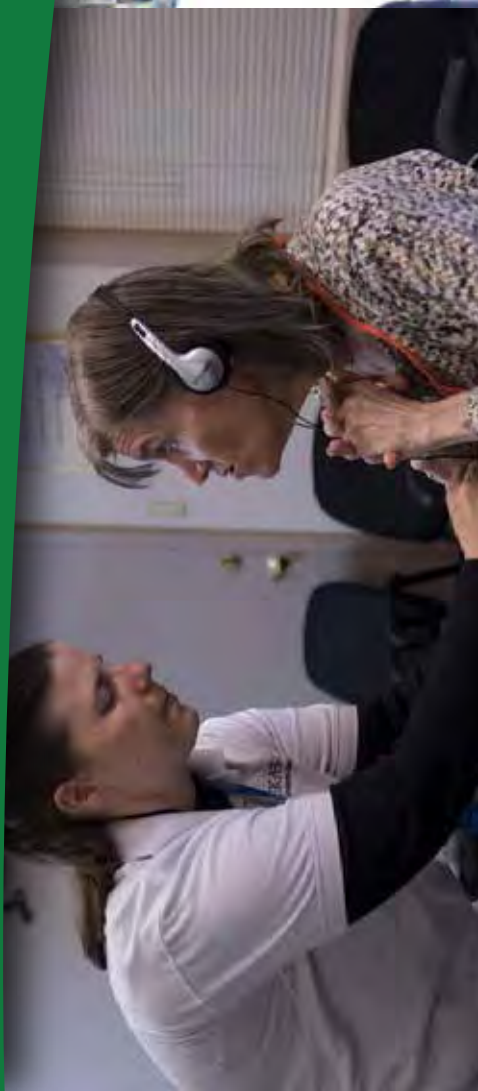
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# HEBURN



Thanks to a state grant, personalized music and iPods are being delivered to 4,500 nursing home residents during the next three years.



# MUSIC & MEMORY PROJECT



SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24 St. Patrick's Day	25
26	27	28	29	30	31	



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# WINDSOR!



CAHF Developmental Services providers support more than 3,000 people with special needs.



**CELEBRATING THE  
PEOPLE WE SERVE**

CALIFORNIA ASSOCIATION



OF HEALTH FACILITIES



SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

							<b>1</b>
<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	
<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	
<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	
Easter	<b>23/30</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>



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# APRIL





Each year, our 135,000 caregivers provide short-term rehabilitation and long-term care to more than 350,000 California residents.



# NATIONAL NURSING HOME WEEK

CALIFORNIA ASSOCIATION

**CAHF**

OF HEALTH FACILITIES



**SUNDAY**

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

**SATURDAY**

	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>
<b>7</b>	<b>8</b>	<b>9</b>	Mother's Day	<b>11</b>	<b>12</b>	<b>13</b>
<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>
<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>
<b>28</b>	Memorial Day	<b>30</b>	<b>31</b>			



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# MAY



Skilled nursing residents contribute to their communities in many ways and maintain a sense of purpose and belonging.



**NEVER TOO  
OLD TO MAKE A  
DIFFERENCE**

CALIFORNIA ASSOCIATION

**CAHF**

OF HEALTH FACILITIES



SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

				<b>1</b>	<b>2</b>	<b>3</b>
<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>
<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>
<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>
Father's Day	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>	
<b>25</b>						



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# JUNE



California is No. 2 in the nation in providing an atmosphere that promotes independent living and the ability for residents to return home.



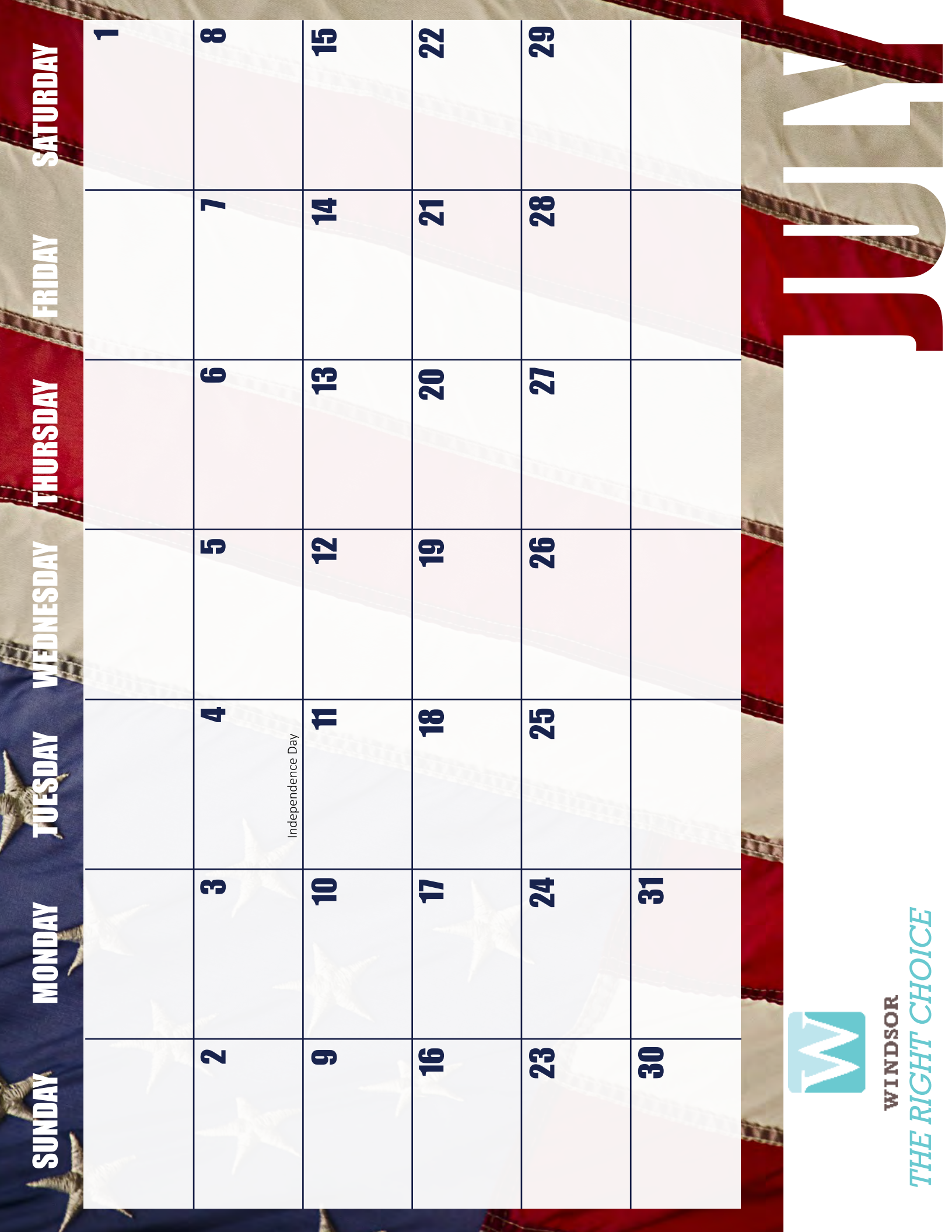
**PROMOTING  
INDEPENDENCE**

CALIFORNIA ASSOCIATION

**CAHF**

OF HEALTH FACILITIES





**SUNDAY**

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

**SATURDAY**

							<b>1</b>
<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	
<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	
<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	
<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	
<b>30</b>	<b>31</b>						

Independence Day



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# JULY

Many skilled nursing centers encourage gardening and residents grow fruits and vegetables that are incorporated into meals.



**SUMMER  
FUN**

CALIFORNIA ASSOCIATION

**CAHF**

OF HEALTH FACILITIES



SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		



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# AUGUST



Almost two thirds of people who enter a skilled nursing center are discharged within one month. Most go home or to a lower level of care.



# NATIONAL REHAB AWARENESS MONTH

CALIFORNIA ASSOCIATION

**CAHF**

OF HEALTH FACILITIES



**SUNDAY**

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

**SATURDAY**

						<b>1</b>	<b>2</b>
<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	
<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	
<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	
<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>	

Labor Day

Rosh Hashanah

Yom Kippur



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# SEPTEMBER



Take a child to a skilled nursing center this Halloween for some safe trick or treating and see why Halloween is the favorite holiday of every generation.



# HALLOWEEN FUN

CALIFORNIA ASSOCIATION



OF HEALTH FACILITIES



SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

1	2	3	4	5	6	7
8	9 Columbus Day	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31 Halloween				



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# OCTOBER

We are especially grateful for the thousands of certified nurse assistants that provide 24 hour care and assistance to our residents.



# GIVING THANKS



**SUNDAY**

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

**SATURDAY**

			<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>
<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>
<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>
<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	Thanksgiving	<b>30</b>	



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# NOVEMBER

There's always time for an Ugly  
Sweater contest during the holidays.  
Baby, it's cold outside!



# HOLIDAY FESTIVITIES

CALIFORNIA ASSOCIATION



**CAHF**

OF HEALTH FACILITIES



SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

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Christmas Hanukkah



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# 10 FEBRUARY

## ABOUT CAHF

CALIFORNIA ASSOCIATION  
OF HEALTH FACILITIES  
**CAHF**

Founded in 1950, the California Association of Health Facilities is a non-profit trade association representing skilled-nursing facilities and intermediate-care facilities for people with intellectual disabilities. It is dedicated to providing quality care for the frail, elderly, intellectually disabled and those with chronic mental illness. CAHF is the largest provider of continuing education for long-term care providers in California. Serving 350,000 individuals each year, skilled nursing providers are directly responsible for more than 135,000 jobs and \$5 billion in wages and benefits to long-term care employees.

## TO PURCHASE CAHF'S 2017 CALENDAR

Every CAHF member receives a calendar as a member benefit. To purchase more calendars, go to the CAHF website, [www.CAHF.org](http://www.CAHF.org), click on "About CAHF" and click on "Calendars." You will find the order form there. Print it and follow the instructions.

[Pricing for the 2017 Calendar](#)

\$8.00 each for 10 or less

\$6.00 each for more than 10

Calendar pricing covers the cost of printing and shipping.

Vienna Nursing  
& Rehabilitation  
Center

Valley Village

## CAHF MEMBER FACILITIES FEATURED IN THE 2017 CALENDAR.

Arroyo Grande  
Care Center

Our Lady of  
Fatima Village

Vi at La Jolla  
Village

Country Oaks  
Care Center

Bayside Care  
Center

Santa Rosa  
Golden Living

Lone Tree  
Convalescent  
Hospital

Folsom Care  
Center

Mission View  
Health Center

Village  
Healthcare  
Center

CAHF • 2201 K Street  
Sacramento, CA • 95816  
916.441.6400 • [www.cahf.org](http://www.cahf.org)



# 2018

## January

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

## February

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28			

## March

S	M	T	W	T	F	S	
					1	2	3
4	5	6	7	8	9	10	
11	12	13	14	15	16	17	
18	19	20	21	22	23	24	
25	26	27	28	29	30	31	

## April

S	M	T	W	T	F	S
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8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

## May

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13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

## June

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10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

## July

S	M	T	W	T	F	S
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8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

## August

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

## September

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

## October

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

## November

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

## December

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					



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## The Windsor Approach

### Rehabilitation

Personalized therapy programs that provide comprehensive treatment.

### Quality of Life

Enhancing each life we touch by promoting a sense of community and providing a place to enjoy life during recuperation.

### Skilled Nursing

Heartfelt, compassionate, person-centered care delivered by trained, interdisciplinary teams.

## The Windsor Process



Assessment



Stabilization



Rehabilitation



Transition

Contact us at 310.648.2763 • [www.windsorcares.com](http://www.windsorcares.com)